

THE QUALITY OF LIFE AND COHERENCE IN THE CARDIOVASCULAR PATOLOGY

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Abstract

The present study focuses on the relationship between the quality of life and the cardio-vascular pathology, in particular the arterial hypertension, and on the effects of the coherence on the quality of life. In this study there have been used Sense of Coherence Questionnaire – developed by Antonovski (1987) and Health Survey Short Forms SF - 36 developed by Ware, Kosinski and Keller (1994). There have been 120 subjects that have participated to this study, patients that have been diagnosed with arterial hypertension. The results of the study show that the quality of life of the patient responsive to the treatment has improved after 6 months of specific medicamentary therapy. The level of the patient's coherence is a moderator for the quality of life, a situation that has been perceived on the sub-scales of physical health, on the impact of the physical condition on the role activities, on the general health condition, on the social functioning, on the role activities and on the composite score of the mental health ($p < .05$).

Keywords: *quality of life, cardio-vascular pathology, arterial hypertension, coherence*

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