

ABORDAREA PSIHOLOGICĂ A PACIENȚILOR COPII ÎN CABINETUL DE ORTODONȚIE

Ligia Vaida *

Universitatea din Oradea, România

Abstract

Orthodontics stands itself before other dental medicine specialties because of the age of the patients it works with, children and adolescents. Because in most of the cases active treatment extends over a period of 2-3 years we consider the relationship between patient and doctor to be most important. The perception of the presence of the anomaly depends on the degree it affects physiognomy and mostly, it depends on the personal variables. To this primary stress factor adds the stress and anxiety generated by the clinical situation itself, in the way of „what will happen to me?” children often confounding the orthodontist with the pedodont – the doctor who treats cavities. Another stress generating source at the beginning of the treatment are patients' cognitions concerning the aspect of the orthodontic appliance, the hardness of wearing it and mostly with social acceptance. Both, before and after, the application of the orthodontic appliance, social anxiety can appear, the fear of being rejected, irrational thoughts, conflicts with parents, colleagues and teachers. This study proposes some strategies in dealing with children and adolescents during orthodontic treatment, using verbal and visual techniques.

Keywords: *orthodontic appliance, anxiety, orthodontic treatment, verbal and visual techniques*

* Universitatea din Oradea, Facultatea de Medicină și Farmacie, Oradea, jud. Bihor, România