

ROLUL MOTIVAȚIEI ÎN AUTODEZVOLTARE

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Abstract

The present study tries to show the relevance and importance that motivation plays in individual development. The possible Self is, in fact, the motivational factor that leads towards personal development or self-realization. We believe that humans have within them the necessary potentials towards self-fulfillment and one of these inner potentials is the motivation itself.

Keywords: *motivation, development, self-realization*

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