

POSITIVE CAUSAL ATTRIBUTIONS, SOCIAL SUPPORT AND SELF-ESTEEM AS PREDICTORS OF LIFE SATISFACTION

Mihai Marian *

Universitatea din Oradea, România

Gabriel Roșeanu ***

Universitatea din Oradea, România

Abstract

This paper is an investigation of the socio-cognitive factors that lead to satisfaction with life. Starting from the theoretical assumptions we set out to prove that attributional style and state self-esteem significantly influences the level of satisfaction with life. For this purpose we used a sample of 186 subjects, age varying from 18 to 56. The obtained results validate the theoretical assumptions and can also be used as a starting point for further investigation's. Further more we seek to describe the way in which the attributional style (positive) acts as an indicator for hope and well being. We conclude that subjects orientation toward satisfaction with life is mediated by the following factors: social support, attributional style, and state self-esteem.

Keywords: *attributional style positive, self-esteem, social support, well being, satisfaction with life*

* Universitatea din Oradea, Facultatea de Științe Socio-Umane, Catedra de Psihologie, Str. Universității, nr. 3, Corp X, Oradea, jud. Bihor, România. 410087; E-mail: mmarian@uoradea.ro

*** Universitatea din Oradea, Facultatea de Științe Socio-Umane, Catedra de Psihologie, Str. Universității, nr. 3, Corp X, Oradea, jud. Bihor, România. 410087; E-mail: gabiroseanu@gmail.com