

DIFERENȚE INTERSEXE LA NIVELUL STIMEI DE SINE ÎN ADOLESCENȚĂ

Monica Secui *

Universitatea din Oradea, România

Abstract

Adolescence is considered by a large number of specialists as a critical period for the development of identity and self-concept. The meta-analyses conducted on the topic of differences between sexes in personality stress that the level of male adolescents' self-esteem is higher, even though the difference is small. The paper presents theoretical aspects relevant to sex differences in self-esteem, and analyses the causes of girls' poorer self-image and less confidence in themselves, emphasizing the impact of gender role identification in adolescence.

Keywords: *adolescence, identity, self-esteem, gender role*

* Universitatea din Oradea, Facultatea de Științe Socio-Umane, Catedra de Psihologie, Str. Universității, nr. 3, Corp X, Oradea, jud. Bihor, România
E-mail: msecui@uoradea.ro