

INFLUENȚA FACTORILOR DEMOGRAFICI ASUPRA ANXIETĂȚII ÎN PRACTICA SOMATOLOGICĂ

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Abstract

Anxiety as state and as a trait is very frequent in our modern society. In this paper we are investigating anxiety towards dental interventions. For this purpose we used a sample of 30 subjects, men and women, aged between 15 and 75 years who were about to undergo some sort of dental intervention. The following questionnaires were used: Hamilton Anxiety Scale, S.T.A.I - X1 and S.T.A.I - X2. We also recorded the following data for each subject: age, gender, living environment, profession, level of education, and monthly income. Our results indicate that there is an increase of trait anxiety with age, women are more anxious regarding dental interventions (at least) than men, and that there is a tendency for the increase of anxiety regarding dental interventions for subjects from an urban environment. Income and level of education does not influence the anxiety regarding dental interventions.

Keywords: *anxiety, dental interventions, environment*

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