

ROLUL SCHEMELOR COGNITIVE ÎN DEPRESIE

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Abstract

Depression represents the most frequent disorder among psychiatric patients, and also is one of the oldest pathology. Feelings of useless and guilt associated with a major depressive episode can include negative views over ones worth which doesn't suit with the real situation. Thus, depressive persons often make faulty interpretations of the real life events, neutral events or usual life events and they live an extreme responsibility feeling regarding the inauspicious events that occurs in life. The goal of this article is to show the implications of cognitive style, dysfunctional attitudes and automatic negative thoughts in depressive pathology and alcoholism.

Keywords: *depression, alcoholism, cognitive style, dysfunctional attitudes*

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