

## **ROLUL AUTOCUNOAȘTERII ÎN ORIENTAREA CARIEREI. EFICIENȚA UNUI PROGRAM DE INTERVENȚIE**

**Daniela Roman \***

*C.C.P.I.O.S.V., România*

### **Abstract**

The aim of this paper is to present the role of self-knowledge, but also the essential component of the process of vocational orientation. The paper is made up within the framework of a having programme which trigger to the modification or the improvement in what the self-efficacy, motivation, abilities and the values related to the work of students is concerned.

**Keywords:** *self-knowledge, self-efficacy, motivation*

---

\* Psiholog, Centrul de Consiliere Psihologică (C.C.P.I.O.S.V.) Oradea, România