

## FACTORIAL VALIDATION OF THE BASIC NEEDS QUESTIONNAIRE

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### Abstract

The Basic Needs Perspective is a component of the Self-Determination Theory, and it takes into consideration the natural tendencies of growth to explain motivation and well-being. The simultaneous experience of autonomy, competence, and affiliation contributes to the feeling of fulfillment, determines a positive evaluation of life and ensures a positive perception on psychological and physical health, including at workplace. We used a sample of 141 students for the factorial validation of The Basic Needs Questionnaire in school environment. The exploratory factorial analysis with varimax rotation shows three factors, explaining 53,39% of the variance: the need for affiliation, the need for competence, and the need for autonomy. The stability coefficients are satisfactory, and the internal consistency coefficients are high for the first two subscales, but relatively small for the third one. Nevertheless, we believe that the instrument is efficient for the assessment of the basic psychological needs in school environment.

Keywords: *basic psychological needs, autonomy, competence, affiliation, questionnaire*

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