

NATIONAL WELL-BEING AND PSYCHOLOGICAL WELL-BEING. AN INTERCULTURAL APPROACH

Marius Drugaș *

Universitatea din Oradea, România

Ana-Maria Pojar **

Burnham Market Dental Surgery, U.K.

Abstract

According to the Self-Determination Theory, the negative effects of the extrinsic motivational orientation should be stronger in cultures which emphasize extrinsic aspirations. We used a Romanian sample and a British sample to test whether national well-being has direct effects on psychological well-being. We took measures of intrinsic and extrinsic motivation, life satisfaction, affect, and meaning in life. The results were surprising, showing higher levels of intrinsic motivation for the Romanian sample, and lack of differences for well-being components.

Keywords: *psychological well-being, meaning in life, Romanian, British*

* Asistent universitar doctorand, Facultatea de Științe Socio-Umane, Catedra de Psihologie, Universitatea din Oradea, România; E-mail: mariusdrugas@gmail.com

** Psiholog, Burnham Market Dental Surgery, Norfolk, U.K.; E-mail: anapojar2003@yahoo.co.uk