

## CHANGES IN THE PERSONALITY OF THE PATIENT SUFFERING FROM BRONCHIAL ASTHMA

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## Abstract

Bronchial asthma is an inflammatory disease of the respiratory tract, especially of the bronchia. In the last ten years, researches have showed that bronchial asthma is an inflammatory disease of the bronchia which leads to significant changes in the treatment of the illness. The aim of the present study is to reveal the link between different psycho-social factors and the manifestation and evolution of the bronchial asthma. The two samples of the study consisted of 30 people diagnosed with bronchial asthma and 30 healthy people. The subjects were administered two psychological tests: the Freiburg Personality Inventory and the Symptom Check List. Significant differences have been observed between the two samples regarding the prominent features of personality; in addition, psychopathological traits occurred as a consequence of the illness. The psychological factors can also be included in the category of factors which play a role in the adaptation of the asthmatic patient to the chronic character of the illness besides age, the severity of the illness and the complexity of the treatment measures.

Keywords: bronchial asthma, personality, pathology

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