

THE FUTILITY OF SELF-RATING DURING PERIODS OF ECONOMIC UPHEAVAL

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Abstract

This article was written during a time of economic upheaval, which usually meant during times when many countries were negatively effected by results generated from the United States of America. The history of the concept of self in the West was surveyed, with specific emphasis then added for self within existential and humanistic psychology. The currency of the concept was then visited within the theory of Albert Ellis in both the thin and broad senses. Implications and antidotes for self-rating were then discussed. A sidelong glance was then paid to relationship ontology.

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