

MOTIVATION, MONEY AND HAPPINESS. IS THERE ANY ROOM LEFT FOR HOPE?

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Abstract

The Self Determination Theory identifies a possible relation between intrinsic motivation and well-being. This paper brings two more variables in this relation: the perception of money and hope. A sample of 275 subjects, men and women, were used, age varying between 18 and 64. The following instruments were used: The Attributional Style Questionnaire, The Work Preference Inventory and The Perceived Wellness Survey. Although much research in the field of happiness found that wealth doesn't always correlate with well-being, our study shows that the perception of money influences subjective well-being, but not intrinsic motivation nor hope. Nevertheless, hope acts as a mediator between intrinsic motivation and subjective well-being.

Keywords: well-being, intrinsic motivation, hope, perception of money

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