

## ADAPTATION FOR THE ROMANIAN POPULATION OF THE ZIMBARDO TIME PERSPECTIVE INVENTORY

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### Abstract

Time perspective is the often nonconscious process whereby the continual flows of personal and societal experiences are assigned to temporal categories, usually, past present and future. People can be temporally biased, attending more to one temporal category than the others when making decisions. Thus temporal perspectives may exert a powerful influence on human life. Zimbardo and Boyd constructed the Zimbardo Time Perspective Inventory (ZTPI) as an instrument for assessing time perspective profiles and specific time perspective biases. This paper presents the findings of a study undertaken to adapt the ZTPI for the Romanian population. A sample of 535 subjects, 275 male and 270 female, were used. Based on exploratory and confirmatory factor analysis the five factor model proposed by the authors was demonstrated. Some differences in factor loading were observed between our model and the original one. Results show adequate construct, convergent and discriminant validity of the adapted instrument as well as acceptable internal consistency for each scale. Test-retest coefficients (for a three month period) were very high.

Keywords: *time perspective, exploratory factor analysis, confirmatory factor analysis*

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