

VALIDAREA SCALEI MULTIDIMENSIONALE A SUPTULUI SOCIAL PERCEPT (SMSSP). CARACTERISTICI PSIHOMETRICE

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Abstract

The development of a self-report measure of subjectively assessed social support, the Multidimensional Scale of Perceived Social Support, is described. Subjects included 179 females and 200 males. Three subscales, each addressing a different source of support, were identified and found to have strong factorial validity: (a) Family, (b) Friends, and (c) Significant Other. In addition, the research demonstrated that the MSPSS has good internal and test-retest reliability as well as moderate construct validity. As predicted, high levels of perceived social support were associated with low levels of depression as measured by the Beck Depression Inventory, and Life Orientation Test. Gender differences with respect to the MSPSS was not found. The value of the MSPSS as a research instrument is discussed, and presented along with implications for research.

Keywords: *social support scale, psychometric characteristics*

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