

DESIGNING DEVELOPMENTAL GUIDANCE LESSONS

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Abstract

This paper addresses practical considerations to help professional school counselors effectively deliver the developmental and preventive component of a comprehensive school counseling program. Specific topics include how to develop grade level objectives, how to write and adapt lessons using a guidance lesson plan format, and how to determine the scope and sequence of lessons. Sample lessons are provided, as well as a discussion about implementing the school counseling curriculum and the role that teachers and professional school counselors should assume.

Keywords: school counselors, development, counseling program

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